

PROGRAMME AT A GLANCE

07:00 - 08:00	Bengt Saltin Run (registration required)
08:00 - 18:30	Registration open
08:30 - 09:45	Invited Symposia/Oral & ECSS YIA Presentations
09:45 - 10:00	<i>Break</i>
10:00 - 11:15	Invited Symposia/Oral & ECSS YIA Presentations
11:15 - 11:30	<i>Break</i>
11:30 - 12:45	Plenary Session II
12:45 - 14:00	<i>Lunch Break</i>
14:00 - 15:15	Invited Symposia/Oral Presentations
15:15 - 15:30	<i>Break</i>
15:30 - 16:30	Poster Presentations
16:30 - 17:00	<i>Coffee Break</i>
17:00 - 18:15	Invited Symposia/Oral Presentations
18:15 - 18:30	<i>Break</i>
18:30 - 19:30	Poster Presentations
20:00 - 23:00	Uniting Excellence in Sport Science Reception (invitation only)

THURSDAY

9 JULY 2026