

## ABBREVIATED CURRICULUM VITAE

**Last name:** MUJIKA

**First name:** Iñigo

**Date and place of birth:** October 25, 1968 in Pamplona, Spain

**E-mail:** inigo.mujika@inigomujika.com

### EDUCATION

- **1999:** Ph.D. in “Physical Activity and Sport Sciences”. Extraordinary Doctorate Award. University of The Basque Country, Spain

- **1995:** Ph.D. in “Biology of Muscular Exercise”. University Jean Monnet-Saint-Etienne, France

- **1992:** Graduate studies in Physical Education and Sport Sciences. Basque Institute of Physical Education, Spain

### PUBLICATIONS

211 publications in journals included in the Science Citation Index:

*Medicine and Science in Sports and Exercise* (22)

*International Journal of Sports Medicine* (8)

*Sports Medicine* (13)

*European Journal of Applied Physiology* (8)

*International Journal of Sports Physiology and Performance* (71)

*Journal of Science and Medicine in Sport* (5)

*Journal of Applied Physiology* (2)

*British Journal of Sports Medicine* (4)

*International Journal of Sport Nutrition and Exercise Metabolism* (9)

*Canadian Journal of Applied Physiology* (1)

*Acta Physiologica Scandinavica* (1)

*Archives of Physiology and Biochemistry* (1)

*Medicine* (1)

*Journal of Sports Medicine and Physical Fitness* (3)

*Journal of Sports Sciences* (10)

*American Journal of Sports Medicine* (1)

*Journal of Strength and Conditioning Research* (8)

*Scandinavian Journal of Medicine and Science in Sports* (5)

*Annals of Nutrition and Metabolism* (1)

*Journal of Sports Science and Medicine* (1)

*Journal of Human Kientics* (1)

*European Journal of Sport Science* (2)

*Applied Physiology, Nutrition, and Metabolism* (1)

*Clinical and Experimental Hypertension* (1)

*Sports* (7)

*Frontiers in Physiology* (6)

*Sleep and Breathing* (1)

*Journal of Human Hypertension* (1)

*Life* (1)

*International Journal of Environmental Research and Public Health* (1)

*Measurement in Physical Education and Exercise Science* (1)

*Nutrients* (1)



*Biology of Sport (4)*  
*Applied Sciences (1)*  
*Journal of Functional Morphology and Kinesiology (1)*  
*Frontiers in Nutrition (1)*  
*Physiological Reports (1)*  
*Sports Biomechanics (1)*  
*PLoS ONE (1)*  
*Frontiers in Sports and Active Living (2)*

12 publications in other international journals  
89 publications in other journals and lay press  
8 books  
48 book chapters

### **CONFERENCES AND COMMUNICATIONS**

503 lectures and communications in international conferences  
96 lectures and communications in other conferences and meetings

### **LECTURING IN UNIVERSITY**

Present Associate Professor and/or Invited Professor in:

*University of The Basque Country, Spain*  
*Universidad Finis Terrae, Chile*  
*Université de Poitiers, France*  
*Reykjavik University, Iceland*  
*Universidad de Murcia*  
*Universidad Católica de Murcia*  
*Universidad Europea de Madrid*  
*Università di Pavia*  
*National Taiwan University of Science and Technology*

Past lecturer and/or invited lecturer in:

*Universitat Ramon Llull, Spain*  
*Universidad de Antofagasta, Chile*  
*Basque Institute of Physical Education, Spain*  
*National Institute of Sport and Physical Education, France*  
*Royal Melbourne Institute of Technology University, Australia*  
*University of Zulia, Venezuela*  
*Panamerican Institute of Physical Education, Venezuela*  
*University Jean Monnet-Saint-Etienne, France*  
*Institut Supérieur du Sport et de l'Éducation Physique, Tunisia*

### **OTHER PROFESSIONAL ACTIVITIES**

*Now:* Advisor for the Japan High Performance Sport Center, Japan Sport Council; Director of the IOC Diploma in Strength & Conditioning; Associate Professor, University of the Basque Country; Adjunct Professor, Finis Terrae University, Santiago, Chile; Associate Editor International Journal of Sports Physiology and Performance; Coach and consultant to world-class level athletes (triathlon, swimming).  
*2019-2021:* Head of Sport Science and Performance Support, Spanish Swimming Federation



2013: Head of Physiology and Training of Euskaltel Euskadi (World Tour cycling team)

2011-2013: Member of the Scientific Committee of Evaluation and Direction of the Triennium Project “Sports Laboratory”, Sardinia Regional Committee, Italian Olympic Committee.

2009-2013: Director of Physiology and Training at USP Araba Sport Clinic

2009-2012: Sports Physiologist of the Royal Spanish Swimming Federation elite team

2006-2008: Head of Research and Development at Athletic Club Bilbao (Spanish First Division professional football).

2005: Sports Physiologist and Trainer of Euskaltel Euskadi (professional cycling team)

2003, 2004; Senior Physiologist at the Australian Institute of Sport

1998-2002: Sport Science Researcher at Athletic Club Bilbao Foundation (Spanish First Division professional football).

### **POST-DOCTORAL FELLOWSHIPS**

Research activities in:

*University of Canberra Research Institute for Sport and Exercise, Australia*

*Australian Institute of Sport, Australia*

*Royal Melbourne Institute of Technology University, Australia*

*Sports Science Institute of South Africa, South Africa*

*University Jean Monnet-Saint-Etienne, France*

### **OTHER DATA OF INTEREST**

- Supervision of 6 Ph.D. dissertations

- Reviewer for the following scientific journals:

*Medicine and Science in Sports and Exercise*

*Journal of Applied Physiology*

*International Journal of Sports Medicine*

*European Journal of Applied Physiology*

*Canadian Journal of Applied Physiology*

*International Journal of Sport Nutrition and Exercise Metabolism*

*Journal of Sports Sciences*

*European Journal of Sports Sciences*

*Journal of Science and Medicine in Sport*

*British Journal of Sports Medicine*

*International Journal of Sports Physiology and Performance*

*The Medical Letter on Drugs and Therapeutics*

*Journal of Swimming Research*

*Science & Motricité.*

- 4 post-doctoral research grants in Sports Sciences

- Level III Swimming Coach

- Level III Triathlon Coach